

Prevention Concordat for Better Mental Health
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**Report of the Director of Public Health and Adult Services**

1. The Concordat links to all three of the Health and Wellbeing Board's Strategic Aims:
  - 1.1 The best start in life.
  - 1.2 Healthier longer happy lives and
  - 1.3 Safe and independent lives. This is because more children and young people will enjoy improved health and wellbeing; more people will be active, skilled and knowledgeable around their mental health enabling them to make positive lifestyle choices and more people will be confident and competent in managing their own health and wellbeing.
  
2. Purpose of the report
  - 2.1 To ensure the Health and Wellbeing Board (HWB) have an understanding of the Prevention Concordat for Better Mental Health, its aims and purpose.
  - 2.2 To advise the HWB of the regional approach to adopting the Prevention Concordat for Better Mental Health
  - 2.3 To keep the HWB sighted on the Hull emotional wellbeing and suicide prevention action plan, of which many of the actions support the delivery of the concordat.
  
3. Recommendations
  - 3.1 The Health and Wellbeing Board commit to supporting a prevention approach to better mental health, through an agreement to adopt the principles and formally sign the concordat

by March 2019.

- 3.2 H&WBB continues to provide oversight of Hulls Emotional Wellbeing and Suicide Prevention Action Plan.

#### 4. Background

- 4.1 Poor mental health and wellbeing is associated with a broad range of poor health outcomes, including increased risk of suicide, higher levels of antisocial behaviour, involvement in crime, smoking, alcohol and drug misuse and poorer socio-economic status and lower levels of employment.
- 4.2 Mental health has become a national priority and the NHS Five Year Forward View for Mental Health stresses the need for key partners to work together to target those groups of people who are at higher risk of developing mental health problems.
- 4.3 Hull has responded locally to the challenges relating to mental health in a range of ways, including the multi-agency Emotional Wellbeing and Suicide Prevention Action Plan for the City of Hull (Appendix A), and the establishment of Mental Health Champions. Hull City Council signed the 'Time to Change' pledge in May 2018, and is working towards engaging and supporting employers in the private, public and voluntary sector to sign the pledge to reduce stigma and discrimination around mental health. This will cumulate in a collective signing of pledges at a Time to Change Conference in Hull on World Mental Health Day, 10 October 2019.
- 4.4 The Prevention Concordat for Better Mental Health is underpinned by an understanding that taking a prevention-focused approach to improving the public's mental health is shown to make a valuable contribution to achieving a fairer and more equitable society.
- 4.5 The concordat promotes evidence based planning and commissioning to increase the impact on reducing health inequalities. The sustainability of this approach can be enhanced by the inclusion of actions that impact on the wider determinants of mental health and wellbeing.

#### 5. Issues for consideration

- 5.1 The Prevention Concordat for Better Mental Health has been developed by Public Health England and is attached as Appendix C. The concordat is intended to provide a focus for cross-sector action to deliver a tangible increase in the adoption of public mental health approaches across:

- Local authorities

- NHS
  - Public, private and voluntary, community and social enterprise (VCSE) sector organisations
  - Educational settings and
  - Employers
- 5.2 It acknowledges the active role played by people with lived experience of mental health problems, individually and through user led organisations and has been developed to help local areas put in place effective arrangements to promote good mental health and prevent mental health problems. It highlights a range of actions and interventions that local areas can take to improve mental health and tailor their approach.
- 5.3 The definition of the concordat has been agreed by a range of health and social care organisations. It represents a public mental health informed approach to prevention, as outlined in the NHS Five Year Forward View, and promotes relevant NICE guidance and existing evidence based interventions and delivery approaches, such as 'making every contact count'.
- 5.4 The Prevention Concordat for Better Mental Health Consensus Statement describes the shared commitment of organisations to work together through local and national action, to prevent mental health through:
- Transformation of the health system so it has prevention-focused leadership, enabling help and support to be provided much earlier and therefore avoid mental health crisis
  - Collaboration to improve the public's mental health
  - Drawing on the expertise of people with experience of mental health problems and for the wider community to identify solutions and promote equality and
  - Building the capacity and capability across the health and care workforce.
- 5.5 As the lead for Public Health and Mental Health in Hull, Yorkshire and the Humber, Hull's DPH has already indicated her commitment to the concordat along with a number of other Local Authorities. The local authorities joining together in the collaborative announcement were: Doncaster, Calderdale, Leeds, York, North Yorkshire, Wakefield and the East Riding.
- 5.6 On World Mental Health day on the 10<sup>th</sup> October, 7 Local Authorities DPH's joined Hull's DPH in announcing the intention to sign the prevention concordat. PHE will seek commitment from all authorities by 2019.
- 5.7 Authorities signing the concordat will:
- Need to allocate a named Mental Health Champion who is an

elected member.

- A member of the Health and Wellbeing Board or Chief Executive. Hull already has a Mental Health Champion, the Portfolio Holder for Adult Services and Public Health, Councillor Gwen Lunn, who also sits on the Health and Wellbeing Board;
- Have initiated a Mental Health JSNA.
  - Plans have been initiated to enable a mental health JSNA. A specific chapter on mental health within a full JSNA has been updated within the past 12 months, and there are further plans to build in this within the revised JSNA process.
- Have a Local Suicide Prevention Plan.
  - A Local Suicide Prevention Plan was produced, based on the relevant details from DPH report from 2017. Hull also has a local suicide prevention plan which is incorporated in the Emotional Wellbeing and Suicide Prevention: Action Plan for the City of Hull. The plan has commitments across the following 5 areas: Children and Young People, Stigma, Employment, Communities and Suicide Prevention.

5.8 Governance and oversight for the concordat and the Emotional Wellbeing and Suicide Prevention Plan will be overseen by the Health and Wellbeing Board.

## 6. Options and Risk Assessment

- 6.1 By committing to the Prevention Concordat the Health and Wellbeing Board is making a public declaration that mental health matters in Hull and we all have an active role to play to ensure that message is heard and understood by everybody.
- 6.2 There is already an agreed partnership approach to tackling poor mental health, and a commitment from Hull City Council, Hull CCG and partners to tackle poor mental health. The resource provided as part of the prevention concordat has been developed to help local partners put in place effective arrangements to promote good mental health and prevent mental health problems. It will support local action, and facilitate effective evaluation of the impact locally.
- 6.3 Therefore it is likely that sign up to the concordat principles, and use of its resources will have a positive impact on outcomes, and good return on investment.

7. Consultation

7.1 Consultation has taken place with local partners, Public Health England, and other key external partners.

8. Conclusions

8.1 In conclusion, we would welcome support from the Health and Wellbeing Board for the proposed regional approach to adopting the prevention concordat for better mental health which would enable the delivery of the Hull Emotional Wellbeing and Suicide Prevention Action Plan for Hull. It would also support working towards engaging with employers in the private, public and voluntary sector to sign the pledge to reduce stigma and discrimination around mental health, in a collective signing of pledges at a Time to Change Conference in Hull on World Mental Health Day, 10 October 2019.

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Officer Interests:

None

Background Documents: -

Appendix A - Emotional Wellbeing and Suicide Prevention: Action Plan for the City of Hull

Appendix B - Media Release

Appendix C - PHE Prevention Concordat for Better Mental Health: Prevention planning resource for local areas – Summary.

## Implications Matrix

**This section must be completed and you must ensure that you have fully considered all potential implications**

This matrix provides a simple check list for the things you need to have considered within your report

If there are no implications please state

I have informed and sought advice from HR, Legal, Finance, Overview and Scrutiny and the Climate Change Advisor and any other key stakeholders i.e. Portfolio Holder, relevant Ward Members etc prior to submitting this report for official comments	Click here to enter
I have considered whether this report requests a decision that is outside the Budget and Policy Framework approved by Council	Click here to enter
Value for money considerations have been accounted for within the report	Click here to enter
The report is approved by the relevant City Manager	Click here to enter
I have included any procurement/commercial issues/implications within the report	Click here to enter
I have considered the potential media interest in this report and liaised with the Media Team to ensure that they are briefed to respond to media interest.	Click here to enter
I have included any equalities and diversity implications within the report and where necessary I have completed an Equalities Impact Assessment and the outcomes are included within the report	Click here to enter
Any Health and Safety implications are included within the report	Click here to enter
Any human rights implications are included within the report	Click here to enter
I have included any community safety implications and paid regard to Section 17 of the Crime and Disorder Act within the report	Click here to enter
I have liaised with the Climate Change Advisor and any environmental and climate	Click here to enter

change issues/sustainability implications are included within the report	
I have included information about how this report contributes to the City Plan/ Area priorities within the report	<a href="#">Click here to enter</a>